

National Association for ITF and AETF in Ireland Leinster Open 2019

March 23rd & 24th

Dear Masters, Instructors/Coaches,

We have the pleasure of inviting you, on behalf of the Irish Taekwon-Do Association, to the Leinster Open, which will be held in National Basketball Arena, Tallaght, Dublin, on the weekend of the 23rd and 24th of March 2019. This competition will include pattern and sparring for all grades, special technique for all blue belts and above from aged 11 upward and power test for black belts. Saturday 23rd March is for all black belts as well as colour belts of cadet (14 -17 years), senior (18 to 34 years) as well as veteran (35 years+) categories and is open to yellow belts and above. Those 35 years and older may choose to enter the senior or veteran category. Veterans will compete separately for pattern and sparring divisions only (please make sure to email the weights of your veterans and all 11-13 Blue/Red Belts that are sparring in case we need to split categories). The 15 and under black belt division is designed as a developmental division for younger black belts not yet ready to make the step up to a more elite level. Please note those aged 14 and above wishing to be considered for the national team should compete in the 15 to 17 years black belt divisions. Please note that the weigh in will close at 10am.

Sunday 24th March is for the junior colour belt categories and is open to yellow belt to black tag aged 7 to 13yrs. Please note that the height check for those not doing patterns will close at 11am.

Please enter your competitors on the event page on the <u>Sportdata website</u>. Entries will **open** on **Saturday February 16th** and will **close** on **Saturday the 16th of March at 23.59**. Please note that this is a pre-registration only event. <u>No club</u> entries will be accepted after the 16th of March. Completed hardcopy forms should be brought on the day of the event. Please remember that accurate information is the responsibility of the instructor. When submitting your competitor entries you must also submit your umpire and coach list or the entries will be returned to you as incomplete.

Sparring for Cadet and Senior Black Belts will be run using a pool & requalification system, guaranteeing more bouts for all competitors in those categories.

First, second and joint third place in each section shall receive an award, except for black belt categories where there will be a 3rd place playoff. Additionally all juniors up to 10 years to green tag who are not placed will receive a commemorative medal.

Looking forward to seeing you at this event,

Master Mark Buckley VII Dan ITA Tournament Director Mr Carl Smullen V Dan ITA Umpire Chairperson *Mr. Stephen Ryan VI Dan* ITA Tournament Coordinator *Mr Stephen Smullen V Dan* ITA Tournament Administrator



General Information

This event is open to all Taekwon-Do Associations.

Competition Entrance Fee

€30 Euro Per Competitor

Competition entrance fee shall be collected from instructors on arrival.

Please note any no-show competitors on the day are still charged for. Any errors that require changing are charged at 10 Euro per change.

Registration:

All competitors, coaches and umpires must be entered for the Tournament via <u>Sportdata</u> <u>website</u> by the club instructor, please view the following tutorials for using the registration system:

SET Online for teams/clubs: Team/Club Registration

SET Online for teams/clubs: First login and edit club data

SET Online for teams/clubs: Add a new competitor

SET Online for teams/clubs: Make entries

Program:

On each day competitors and officials should be present at 9.15am and prepare for a punctual 10am start.

Timing

9.00	Hall open
9.15	Instructors will receive competitor cards and coaching passes to be distributed. (Weight check open – Saturday only) – <u>Weight will be recorded on the draw</u> sheet so the JP at each ring can verify weigh in was completed.
9.30	Meeting for officials
9.50	All ring councils at their ring and first category called to prepare
10.00	Tournament start

- There will be ample opportunity for lunch during the day but the competition may not be stopped. All competitors will know their schedule and start times in advance.
- Competitors must collect their schedules form their club instructor by 9.30am on the morning of the event.

Umpires











National Association for ITF and AETF in Ireland Clubs are required to provide umpires on both days of the event:

When submitting your competitors you must also submit the Umpire and Coaches List

otherwise the entries will not be accepted

International teams may be excused the requirement to provide umpires

• On the Saturday 1 umpire must be provided at the following ratio: 1 – 7 competitors =

1 umpire, 8 - 14 competitors = 2 umpires etc.

• On the Sunday 1 umpire must be provided at the following ratio: 1 – 10 competitors =

1 umpire, 11 - 20 competitors = 2 umpires etc.

We need as many senior umpires as possible to ensure a high level of refereeing on all rings

throughout the day.

All umpires will receive free lunch and snacks on the day of the competition.

Umpires must wear: Navy pants, navy jacket, white shirt, tie (navy or colour appropriate to grade), white shoes. All umpires must also have a pen.

All umpires must be familiar with the ITF rules of competition and have completed a recognised umpire course.

Ring Assistants & Volunteers

In addition to umpires we also require ring assistants and volunteers to perform duties which will include; running electronic software, time keeping, roll calls for categories, checking competitor equipment and making sure competitors are at their given ring in advance. Ring assistants can be of any grade and do not require any umpire qualifications. The more ring assistants and volunteers that can be supplied the smoother the event will run.

Insurance

All competitors must have adequate insurance for all eventualities.

Coaches

In order to receive a coach accreditation pass the club instructor must register their umpires and coaches in advance when registering their competitors. They must also meet the ratio of umpires to competitors.

There will be no coaching allowed during the patterns events.

As long as the club meets the umpire to competitor ratio on each day they may have the following number of coaches:



1-15 competitors = 1 coach, 2-30 competitors = 2 coaches and so on up to a maximum of 1 coach per ring

On the Saturday coaches may be cadets or seniors, who can coach at ringside.

On Sunday, coaches must be cadets from blue belt upwards. No senior coaches are allowed at ringside.

Coaches shall wear a tracksuit and gymnastic shoes and must accept any result given by the umpires, as protest will not be accepted. They should conduct themselves according to the tenets of Taekwon-Do. Coaches should also have a towel and water.

In the interest of fairness, if one competitor does not have a coach for a match then the other competitor will not be allowed a coach for that match.

Contact and skill development

We place an emphasis on skill development over heavy contact in our events. Heavy contact will not be tolerated.

ITF Sparring is semi-contact, with the technique controlled on the target. Points will be awarded as follows:

- One point for hand techniques to body or head
- Two points for foot technique to the body
- Three points for foot technique to the head.

Safety Equipment

<u>All competitors</u> must have approved (open palm, enclosed fingers) hand pads, footpads, shin pads, gum shield (clear) and head guard. Males must also have a groin guard.

All competitors must wear a red or blue headguard, depending on which side of the draw they are on. ITA will provide these at the event, however, if competitors prefer to wear their own headguard they must have a red and a blue helmet as part of their sparring set. No other colours will be allowed to be worn.

Equipment must be of an ITF approved type.

Any strapping, supports must be accompanied by a medical note, however the T&U committee will make the final decision to allow the competitor to compete or not.

Awards

First, second and joint third place in each section shall receive an award, except for black belt categories of 4 competitors where there will be a 3rd place playoff. Additionally all juniors up to 10 years to green tag who are not placed will receive a commemorative medal.









In addition there will be overall competitor awards awarded for the most outstanding performance at cadet and senior black belt level.

Weight / Height Control

On Saturday, weight checks will take place before the tournament commences. Competitors must wear at minimum a t-shirt and dobok pants. A 1kg tolerance is permitted. On Sunday height control for juniors will take place during the patterns divisions. As each competitor is eliminated they will have their height checked. Any competitor not taking part in patterns must have their height checked during this time as well.

When registering please ensure your competitors are checked in the club and not at home. Instructors must take full responsibility for any incorrect heights or weights and must sign each entry form.

Please Note:

This competition is for students holding yellow belt (8th Kup) and higher. White belts are not permitted to compete.

Conduct:

All participants in the event, competitors, coaches, the public, umpires etc. should conduct themselves according to the tenets of Taekwon-Do at all times.

Competition Divisions/Categories

Divisions / categories must consist of two or more competitors – if there is only one competitor he/she will compete in a higher or lower category as deemed appropriate. This will be indicated on the competitor sticker as Recat Up or Recat Down as appropriate

Competition area

Only competitors for current division, officials, coaches with passes, committee and VIPs allowed on competition floor.

Sparring bout durations:

Colour Belts

Colour Belts will perform one round per bout. All 10 and under will be one round 1 $\frac{1}{2}$ minutes, 11 – 13s, cadets and senior colour belts will be one round of 2 minutes.

For all colour belts sparring will be run using an elimination system with the winner moving on to the next round and a playoff for third place.

Black Belts

<u>Pool</u>



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A pool system is in place for 3 competitors. In the pool system all competitors will face every other competitor in their division in turn.

Divisions using the pool system will have two rounds of 1.5 minutes

Requalification

A requalification system is in place for 4 or more competitors. For the requalification system the winners will move on to towards the final. Those that lose one match will move into a separate draw for third place.

Divisions using the requalification system will have two by 1.5 minute rounds for the main draw and 1 x 2 min round for the requalification matches

Patterns:

Colour Belts perform one Optional Pattern which may be from Chon-ji up to their current grade pattern.

Black belts must perform two (2) designated patterns. The first designated pattern will be from their current grade patterns. The second designated pattern will be chosen at random from the Jury Presidents table and can be any pattern from Chon-Ji up to and including the pattern of their grade. Patterns competition will be run under an elimination system with the winner moving onto the next round. There will be a playoff for third place in all divisions.

Categories

Category for Black belts aged 14 and under

All black belts, including those aged younger than 14, now compete on the Saturday.

There will be two (2) age categories i.e. 14 & under and 15 to 17 years.

Those black belts that are aged 14 that wish to compete in the 15 to 17 year category may do so. Please make sure to enter those competitors as aged 15.

Black belts that wish to be considered for national team selection must compete in the 15 to 17 years category.

This change has been made to facilitate the younger black belts from outside the ITA and also for the development of younger black belts up to 14.

Leinster Open 2019 Categories

Pattern Categories Cadet, Senior & Veteran

- 31 Pt. Female, 14 Yrs & Under, Black Belt
- 32 Pt. Male, 14 Yrs & Under, Black Belt
- 33 Pt. Male, 14 17 Yrs, Yellow / Green
- 34 Pt. Male, 14 17 Yrs, Blue / Red
- 35 Pt. Male, 14 17 Yrs, Black 1st
- 36 Pt. Male, 14 17 Yrs, Black 2nd

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National Association for ITF and AETF in Ireland 37 Pt. Male, 14 - 17 Yrs, Black 3rd

57	
38	Pt. Male, 18 & Over Yrs, Yellow / Green
39	Pt. Male, 18 & Over Yrs, Blue / Red
40	Pt. Male, 18 & Over Yrs, Black 1st
41	Pt. Male, 18 & Over Yrs, Black 2nd
42	Pt. Male, 18 & Over Yrs, Black 3rd
43	Pt. Male, 18 & Over Yrs, Black 4th - 6th
44	Pt. Female, 14 - 17 Yrs, Yellow / Green
45	Pt. Female, 14 - 17 Yrs, Blue / Red
46	Pt. Female, 14 - 17 Yrs, Black 1st
47	Pt. Female, 14 - 17 Yrs, Black 2nd
48	Pt. Female, 14 - 17 Yrs, Black 3rd
49	Pt. Female, 18 & Over Yrs, Yellow / Green
50	Pt. Female, 18 & Over Yrs, Blue / Red
51	Pt. Female, 18 & Over Yrs, Black 1st
52	Pt. Female, 18 & Over Yrs, Black 2nd
53	Pt. Female, 18 & Over Yrs, Black 3rd
54	Pt. Female, 18 & Over Yrs, Black 4th - 6th
185	Pt. Male, Veteran, Yellow/Green
186	Pt. Male, Veteran, Blue/Red
187	Pt. Male, Veteran, Black
188	Pt. Female, Veteran, Yellow/Green
189	Pt. Female, Veteran, Blue/Red
190	Pt Female Veteran Black

190 Pt. Female, Veteran, Black

Sparring Categories

75	Sp. Male, 15 yrs & Under, Under 44Kg, Black Belt
76	Sp. Male, 15 yrs & Under, 45-50Kg, Black Belt
77	Sp. Male, 15 yrs & Under, 51-56Kg, Black Belt
78	Sp. Male, 15 yrs & Under, 57-62Kg, Black Belt
79	Sp. Male, 15 yrs & Under, 63-68Kg, Black Belt
80	Sp. Male, 15 yrs & Under, Over 68 kg, Black Belt
97	Sp. Female, 15 yrs & Under, Under 40Kg, Black Belt
98	Sp. Female, 15 yrs & Under, 41-45Kg, Black Belt
99	Sp. Female, 15 yrs & Under, 46-50Kg, Black Belt
100	Sp. Female, 15 yrs & Under, 51-55Kg, Black Belt
101	Sp. Female, 15 yrs & Under, 56-60Kg, Black Belt
102	Sp. Female, 15 yrs & Under, Over 60 kg, Black Belt
103	Sp. Male, Under 52 kg, Yellow / Green
104	Sp. Male, 53 - 58 kg, Yellow / Green
105	Sp. Male, 59 - 63 kg, Yellow / Green
106	Sp. Male, 64 - 70 kg, Yellow / Green
107	Sp. Male, Over 70 kg, Yellow / Green
108	Sp. Male, Under 52 kg, Blue / Red











109	Sp. Male, 53 - 58 kg, Blue / Red
110	Sp. Male, 59 - 63 kg, Blue / Red
111	Sp. Male, 64 - 70 kg, Blue / Red
112	Sp. Male, Over 70 kg, Blue / Red
113	Sp. Male, Under 50 kg, Black / Belt
114	Sp. Male, 51 - 56 kg, Black / Belt
115	Sp. Male, 57 - 62 kg, Black / Belt
116	Sp. Male, 63 - 68 kg, Black / Belt
117	Sp. Male, 69 - 75 kg, Black / Belt
118	Sp. Male, Over 75 kg, Black / Belt
119	Sp. Female, Under 45 kg, Yellow / Green
120	Sp. Female, 46 - 50 kg, Yellow / Green
121	Sp. Female, 51 - 55 kg, Yellow / Green
122	Sp. Female, 56 - 60 kg, Yellow / Green
123	Sp. Female, Over 60 kg, Yellow / Green
124	Sp. Female, Under 45 kg, Blue / Red
125	Sp. Female, 46 - 50 kg, Blue / Red
126	Sp. Female, 51 - 55 kg, Blue / Red
127	Sp. Female, 56 - 60 kg, Blue / Red
128	Sp. Female, Over 60 kg, Blue / Red
129	Sp. Female, Under 45 kg, Black / Belt
130	Sp. Female, 46 - 50 kg, Black / Belt
131	Sp. Female, 51 - 55 kg, Black / Belt
132	Sp. Female, 56 - 60 kg, Black / Belt
133	Sp. Female, 61 - 65 kg, Black / Belt
134	Sp. Female, Over 65 kg, Black / Belt
135	Sp. Senior Male, Under 54 kg, Yellow / Green
136	Sp. Senior Male, 55 - 63 kg, Yellow / Green
137	Sp. Senior Male, 64 - 71 kg, Yellow / Green
138	Sp. Senior Male, 72 - 80 kg, Yellow / Green
139	Sp. Senior Male, Over 80 kg, Yellow / Green
140	Sp. Senior Male, Under 54 kg, Blue / Red
141	Sp. Senior Male, 55 - 63 kg, Blue / Red
142	Sp. Senior Male, 64 - 71 kg, Blue / Red
143	Sp. Senior Male, 72 - 80 kg, Blue / Red
144	Sp. Senior Male, Over 80 kg, Blue / Red
145	Sp. Senior Male, Under 57 kg, Black Belt
146	Sp. Senior Male, 58 - 63 kg, Black Belt
147	Sp. Senior Male, 64 - 70 kg, Black Belt
148	Sp. Senior Male, 71 - 78 kg, Black Belt
149	Sp. Senior Male, 79 - 85 kg, Black Belt
150	Sp. Senior Male, Over 85 kg, Black Belt
151	Sp. Senior Female, Under 52 kg, Yellow / Green
152	Sp. Senior Female, 53 - 58 kg, Yellow / Green
153	Sp. Senior Female, 59 - 63 kg, Yellow / Green











154	Sp. Senior Female, 64 - 70 kg, Yellow / Green
155	Sp. Senior Female, Over 70 kg, Yellow / Green
156	Sp. Senior Female, Under 52 kg, Blue / Red
157	Sp. Senior Female, 53 - 58 kg, Blue / Red
158	Sp. Senior Female, 59 - 63 kg, Blue / Red
159	Sp. Senior Female, 64 - 70 kg, Blue / Red
160	Sp. Senior Female, Over 70 kg, Blue / Red
161	Sp. Senior Female, Under 50 kg, Black Belt
162	Sp. Senior Female, 51 - 56 kg, Black Belt
163	Sp. Senior Female, 57 - 62 kg, Black Belt
164	Sp. Senior Female, 63 - 68 kg, Black Belt
165	Sp. Senior Female, 68 - 75 kg, Black Belt
166	Sp. Senior Female, Over 75 kg, Black Belt
191	Sp. Male, Veteran, -80kg Yellow/Green
192	Sp. Male, Veteran, +80Kg Yellow/Green
193	Sp. Male, Veteran, -80kg Blue/Red
194	Sp. Male, Veteran, +80Kg Blue/Red
195	Sp. Male, Veteran -80kg Black Belt
196	Sp. Male, Veteran +80kg Black Belt
197	Sp. Female, Veteran -70kg

198 Sp. Female, Veteran +70kg

Power & Special Technique Categories

- 181 Power Test, Male, 14 17 Yrs, Black Belt
- 182 Power Test, Male, Senior, Black Belt
- 183 Power Test, Female, 14 17 Yrs, Black Belt
- 184 Power Test, Female, Senior, Black Belt
- 169 Special Technique, Male, 15 Yrs & Under, Black Belt
- 170 Special Technique, Male, 14 17 Yrs, Blue / Red
- 171 Special Technique, Male, 14 17 Yrs, Black Belt
- 172 Special Technique, Male, Senior, Blue / Red
- 173 Special Technique, Male, Senior, Black Belt
- 176 Special Technique, Female, 15 Yrs & Under, Black Belt
- 177 Special Technique, Female, 14 17 Yrs, Blue / Red
- 178 Special Technique, Female, 14 17 Yrs, Black Belt
- 179 Special Technique, Female, Senior, Blue / Red
- 180 Special Technique, Female, Senior, Black Belt

Technique	Boards Junior Male	Boards Senior Male
Forefist front punch	1	2
Knifehand strike	2	2
Side piercing kick	3	3
Turning kick	2	2
Reverse turning kick	1	2



Technique	Boards Junior Female	Boards Senior Female
Knifehand strike	1	1
Side piercing kick	2	2
Turning kick	1	2

Techniques and Heights for Special Technique

Technique	Female 11-13 years -155cm	Female 11-13 years +155cm
Flying high front kick	180	190
Flying high side kick	90	100

•	Technique	Male 11-13 years -155cm	Male 11-13 years +155cm
	Flying high front kick	190	200
	Flying high side kick	100	110

Technique	Female 14-17 years	Male 14-17 years
Flying high front kick	190	220
Flying high side kick	100	120
Technique	Female Senior	Male Senior
Flying high front kick	200	230
Flying high side kick	110	120

Techniques and Heights for Black Belts

Technique	Heights Junior Male	Heights Senior Male
Flying high front kick	240cm	250cm
Flying turning kick	210cm	220cm
Flying reverse turning kick	190cm	200cm
360 mid air kick	190cm	200cm
Flying high side kick	130cm	140cm

Technique	Heights Junior Female	Heights Senior Female
Flying high front kick	210cm	220cm
Flying turning kick	180cm	190cm
Flying high side kick	110cm	120cm

<u>Note</u>: Measurements for height are made from the surface of the floor or mat, to the bottom (lowest) edge of the board, or tape in the case of the high side kick.

For Twimyo Nopi Yop Cha Jirugi /Flying High Side Kick please note:

The competitor must break the board passing over the hurdle without knocking it down. The competitor may adjust the height and/or distance of the target board prior to the attempt,











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provided that:

The board/target is aligned in whichever height and position the competitor desires, ensuring that the position/placement of the board is parallel to the hurdle and at a height at least equal to, or greater than, the height of the hurdle.

Protocol:

- 1. Adjust
- 2. Measure
- 3. Execute

This is the only Special Technique where adjustment is allowed. Adjustments must be done verbally, that is there shall be no contact with the board or board machine. In Special Technique and Power test each competitor in turn will complete all the techniques. If the situation arises that a competitor, without completing all their techniques, is mathematically unable to contest a medal, they shall be eliminated without finishing all techniques. This is

purely a time saving procedure.

Pattern Categories Under 10 & Junior

1	Pt. Male, 7 Yrs, Yellow Belt
2	Pt. Male, 8 Yrs, Yellow Belt
3	Pt. Male, 9 Yrs, Yellow Belt
4	Pt. Male, 10 Yrs, Yellow Belt
5	Pt. Male, 9 Yrs & Under, Green Belt
6	Pt. Male, 10 Yrs, Green Belt
7	Pt. Male, 10 Yrs & Under, Blue Belt
8	Pt. Female, 7 Yrs, Yellow Belt
9	Pt. Female, 8 Yrs, Yellow Belt
10	Pt. Female, 9 Yrs, Yellow Belt
11	Pt. Female, 10 Yrs, Yellow Belt
12	Pt. Female, 9 Yrs & Under, Green Belt
13	Pt. Female, 10 Yrs, Green Belt
14	Pt. Female, 10 Yrs & Under, Blue Belt
15	Pt. Male, 11 Yrs, Yellow Belt
16	Pt. Male, 12 - 13 Yrs, Yellow Belt
17	Pt. Male, 11 Yrs, Green Belt
18	Pt. Male, 12 - 13 Yrs, Green Belt
19	Pt. Male, 11 Yrs, Blue Belt
20	Pt. Male, 12 Yrs, Blue Belt
21	Pt. Male, 13 Yrs, Blue Belt
22	Pt. Male, 11 - 12 Yrs, Red Belt
23	Pt. Male, 13 Yrs, Red Belt
24	Pt. Female, 11 Yrs, Yellow Belt
25	Pt. Female, 12 - 13 Yrs, Yellow Belt
26	Pt. Female, 11 Yrs, Green Belt



- 27 Pt. Female, 12 13 Yrs, Green Belt
- 28 Pt. Female, 11 Yrs, Blue Belt
- 29 Pt. Female, 12 13 Yrs, Blue Belt
- 30 Pt. Female, 11 13 Yrs, Red Belt

Sparring Categories

	Sparring Categories
55	Sp. Male, Under 10 -125 Cm, Yellow Belt
56	Sp. Male, 7 Yrs, 126-135 Cm, Yellow Belt
57	Sp. Male, 8 Yrs, 126-135 Cm, Yellow Belt
58	Sp. Male, 9 - 10 Yrs, 126-135 Cm, Yellow Belt
59	Sp. Male, 8 Yrs, 136-145 Cm, Yellow Belt
60	Sp. Male, 9 - 10 Yrs, 136-145 Cm, Yellow Belt
61	Sp. Male, Under 10 +145 Cm, Yellow Belt
62	Sp. Male, Under 10 -135 Cm, Green / Blue
63	Sp. Male, Under 10 136-145 Cm, Green / Blue
64	Sp. Male, 10yrs + 145 Cm, Green / Blue
65	Sp. Male, 11 -13 yrs -135 Cm, Yellow / Green
66	Sp. Male, 11 -13 yrs 136-145 Cm, Yellow / Green
67	Sp. Male, 11 yrs 146-155 Cm, Yellow / Green
68	Sp. Male, 12 -13 yrs 146-155 Cm, Yellow / Green
69	Sp. Male, 11 -13 yrs 156-165 Cm, Yellow / Green
70	Sp. Male, 11 -13 yrs + 165 Cm, Yellow / Green
71	Sp. Male, 11 -13 yrs -145 Cm, Blue / Red **Competitors Weight also required**
72	Sp. Male, 11 -13 yrs 146-155 Cm, Blue / Red **Competitors Weight also required **
73	Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required**
73 74	Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required**
73 74 81	Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required**Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required**Sp. Female, Under 10 -125 Cm, Yellow Belt
73 74 81 82	Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required**Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required**Sp. Female, Under 10 -125 Cm, Yellow BeltSp. Female, Under 10 126-135 Cm, Yellow Belt
73 74 81 82 83	Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt
73 74 81 82 83 84	 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt Sp. Female, Under 10 + 145 Cm, Yellow Belt
73 74 81 82 83 84 85	 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt Sp. Female, Under 10 + 145 Cm, Yellow Belt Sp. Female, Under 10 -135 Cm, Green / Blue
73 74 81 82 83 84 85 86	 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt Sp. Female, Under 10 + 145 Cm, Yellow Belt Sp. Female, Under 10 -135 Cm, Green / Blue Sp. Female, Under 10 136-145 Cm, Green / Blue
73 74 81 82 83 84 85 86 87	 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt Sp. Female, Under 10 + 145 Cm, Yellow Belt Sp. Female, Under 10 -135 Cm, Green / Blue Sp. Female, Under 10 136-145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue
73 74 81 83 84 85 86 87 88	 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt Sp. Female, Under 10 + 145 Cm, Yellow Belt Sp. Female, Under 10 -135 Cm, Green / Blue Sp. Female, Under 10 136-145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue
73 74 81 82 83 84 85 86 87 88 89	 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt Sp. Female, Under 10 + 145 Cm, Yellow Belt Sp. Female, Under 10 -135 Cm, Green / Blue Sp. Female, Under 10 136-145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, 11 -13 yrs -135 Cm, Yellow / Green Sp. Female, 11 -13 yrs 136-145 Cm, Yellow / Green
73 74 81 82 83 84 85 86 87 88 89 90	 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt Sp. Female, Under 10 + 145 Cm, Yellow Belt Sp. Female, Under 10 -135 Cm, Green / Blue Sp. Female, Under 10 136-145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, 11 -13 yrs -135 Cm, Yellow / Green Sp. Female, 11 -13 yrs 146-155 Cm, Yellow / Green
73 74 81 82 83 84 85 86 87 88 89 90 91	 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt Sp. Female, Under 10 + 145 Cm, Yellow Belt Sp. Female, Under 10 -135 Cm, Green / Blue Sp. Female, Under 10 136-145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, 11 -13 yrs -135 Cm, Yellow / Green Sp. Female, 11 -13 yrs 146-155 Cm, Yellow / Green Sp. Female, 11 -13 yrs 156-165 Cm, Yellow / Green
73 74 81 83 84 85 86 87 88 89 90 91 92	 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt Sp. Female, Under 10 + 145 Cm, Yellow Belt Sp. Female, Under 10 -135 Cm, Green / Blue Sp. Female, Under 10 136-145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, 11 -13 yrs -135 Cm, Yellow / Green Sp. Female, 11 -13 yrs 146-155 Cm, Yellow / Green Sp. Female, 11 -13 yrs 156-165 Cm, Yellow / Green Sp. Female, 11 -13 yrs 156-165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green
73 74 81 82 83 84 85 86 87 88 89 90 91 92 93	 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt Sp. Female, Under 10 + 145 Cm, Yellow Belt Sp. Female, Under 10 -135 Cm, Green / Blue Sp. Female, Under 10 136-145 Cm, Green / Blue Sp. Female, Under 10 136-145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, 11 -13 yrs -135 Cm, Yellow / Green Sp. Female, 11 -13 yrs 136-145 Cm, Yellow / Green Sp. Female, 11 -13 yrs 156-165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green
73 74 81 82 83 84 85 86 87 88 89 90 91 92 93 94	 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt Sp. Female, Under 10 + 145 Cm, Yellow Belt Sp. Female, Under 10 -135 Cm, Green / Blue Sp. Female, Under 10 136-145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, 11 -13 yrs -135 Cm, Yellow / Green Sp. Female, 11 -13 yrs 136-145 Cm, Yellow / Green Sp. Female, 11 -13 yrs 156-165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, 11 -13 yrs + 146-155 Cm, Blue / Red * Competitors Weight also required**
73 74 81 82 83 84 85 86 87 88 89 90 91 92 93	 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **Competitors Weight also required** Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **Competitors Weight also required** Sp. Female, Under 10 -125 Cm, Yellow Belt Sp. Female, Under 10 126-135 Cm, Yellow Belt Sp. Female, Under 10 136-145 Cm, Yellow Belt Sp. Female, Under 10 + 145 Cm, Yellow Belt Sp. Female, Under 10 -135 Cm, Green / Blue Sp. Female, Under 10 136-145 Cm, Green / Blue Sp. Female, Under 10 136-145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, Under 10 + 145 Cm, Green / Blue Sp. Female, 11 -13 yrs -135 Cm, Yellow / Green Sp. Female, 11 -13 yrs 136-145 Cm, Yellow / Green Sp. Female, 11 -13 yrs 156-165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green











National Association for ITF and AETF in Ireland Special Technique Categories

- 167 Special Technique, Male, 11-13 Yrs, Blue / Red, -155cm
- 168 Special Technique, Male, 11-13 Yrs, Blue / Red, +155cm
- 174 Special Technique, Female, 11-13 Yrs, Blue / Red, -155cm
- 175 Special Technique, Female, 11-13 Yrs, Blue / Red, +155cm